

Parachute Prayers

"Trusting God with Your Prayers"

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You will need" a sheet of very thin paper or tissue paper.
4 strings of equal length (about the same length of paper)
A large button or small plastic figure
A hole punch
Scissors
Pens

Directions:

- Punch a hole in each corner of the sheet of paper or plastic.
- Tie a piece of string through each hole and attach each string to the button or plastic person.
- Think about things or people you pray about. Talk about how it helps to give our worries or concerns to God and ask him to help us trust him with those things.
- Write the people or things you named on your paper and pray that God will help you trust these things to him.
- Stand on an elevated place you and Mommy or Daddy chose.
- Ask God to bless these people or situations and release the parachute.
- You have let go of the prayers and are trusting them to God.

